



*With the Blessings of
Paramhansa Parivra:jaka*
**SRI SRI SRI TRIDANDI CHINNA SRIMANNARAYANA
RAMANUJA JEEYAR SWAMIJI**
'VIKASATARANGINI'
presents this chart on the occasion of
"GEETHA JYOTHI"
Self-Evaluation Chart-1



PERSONALITY DEVELOPMENT CHART

Education and wisdom distinguish human beings from animals. A human being without education is a funny animal. It is said in the scriptures "**Jna:ne:na hi:nah pasubhis sama:naha**". This is often quoted to encourage human kind to pursue education and knowledge. Learning a few words does not make you literate or intellectual, yet these so called educated human beings insult nature that gives us our daily bread.

They destroy nature and move towards self destruction. Is this mankind's greatness? All animals respect nature and follow natural laws. They indulge in sensual pleasure for procreation and not for entertainment. They toil hard and are content with whatever they get. Living beings live with no desires and live life as it comes. But human being is strikingly different in this respect. He loves all pleasurable things and does not like to toil and is a slave of the senses. With perverted intelligence, humans flaunt all natural laws, using his body and nature only for entertainment and pleasure. There are no limits to avarice. Wants are insatiable. For pleasure a man would torture anyone, and in the face of opposition gets ready for suppression. Should our learning be put to such use? Is the fight for supremacy the objective of our learning and wisdom? Are human weaknesses the standard of greatness? Is this succumbing to several desires and goals of our education? Should our lifetime be burnt to ashes in flames of 'desire', 'want' and aimless wandering?

NO! NO!! NO!!!.....

PERSONALITY DEVELOPMENT CHART

This chart has been prescribed by Lord Sri Krishna in the Bhagavat Geeta for the benefit of mankind for attaining glorious living. This chart for practice has been prescribed in slokas 7 to 11 of the 13th chapter. Lord Krishna reveals the esoteric secrets contained in the Vedas. This is available for all. The Chart can be practised easily and can yield unending benefits. It will pull you out of blind living. This is truth. This is glorious. This chart will bring you enlightenment and a sense of joyous living. Everyone has a right to reach this height. There is no bar on anyone. Only the desire to achieve is needed.

Lord Krishna will be with you. Will provide you with all the necessary energy. Will remove all difficulties. We will let our education bloom and spread the fragrance of learning. We will shun our weaknesses. We will welcome a divine and joyous world. Come unite and together we shall receive divine joy and enter a glorious world. We shall distribute this joy to all. Let's enhance this inheritance. All you have to do is read the chart carefully once. Do you think all days of the month are represented here? Are you opening your doors of wisdom? There are 25 questions for your benefit. Benefit is proportional. Do not worry if you are not able to answer all questions. Do not bother about what others say. This for yourself. Should I tell you what you should do now? You have to read the chart thoroughly.

If the answers are 'yes' to the question, mark "OM", against that question under the particular date. If not mark "X". You should do this before you go to sleep and without the notice of anyone. Be frank in answering. Do not discuss with others. Add all "Oms". **If the "Oms" exceed 14, you are moving towards the right path. If they exceed 17, you are on the right path. If "Oms" exceed 20 it means you are an example to others. This chart filling must be a part of your daily routine. As you get up from bed read it once and keep it away from others. Try to adopt these methods. In the night leisurely assess yourself. Fill in the chart, but do not give it to anybody. If anybody needs it, give them a blank copy or write to you nearest Vikasatarangini Center or to JET, Sitanagaram, Guntur Dist 522501 for fresh charts, you will get them by return of post.**

Each chart is spread over four months. You will be astonished by the remarkable change in you. Joyous living begins, if you do not have objections, we are ready to enhance your joy and share it. Your suggestions are welcome!!!!.....

THIS CHART IS BROUGHT TO YOU ON THE OCCASION OF GI:THA JYOTHI.

INDICATORS	DESCRIPTION
Ama:nithvam	1. I Am not disrespecting my parents and elders out of arrogance derived from?
	i.Education
	ii.Wealth
	iii.Power
iv.Family Lineage	
Adambhithvam	2. I Am not putting up a pretence expecting praise or benefit from others?
Ahimsa	3. Am I not hurting others?
	i. Physically
	ii. Verbally
iii. Mentally	
Ksha:nthi	4. I Am not vengeful towards people who hurt me?
A:rjavam	5. Am I synchronising my thoughts/actions/words?
A:cha:ryo:pa:sanam	6. Am I grateful towards my teachers and elders who enunciated me in the worldly ways?
	7. Am I worshipping my Acharyas who initiated me into spiritual awakening?
Soucham	8. Is my heart / thought free from evil attitudes?
	9. I Am not twisting my tongue nor carrying tales?
	10. Do I prefer <i>satwik food</i> to keep my body and mind emotionally controlled?
	11. A. I Am not greedy for what is not intended for me?
	b. I Am not extravagant and covetous?
Sthairyam	12. I am steadfast in following the rules ordained by Guru and Shastras despite hurdles.
A:thmavinigraha	13. a. I am able to develop positive attitude for every event and activity.
	b. Am I able to feel that all my deeds are a way of serving the God?
Indriya:rdhe:shu vairagyam	14. a. Am I able to realise that gratifying senses is not the only ultimate purpose of life?
	b. Do I keep gratifying senses at a low profile?
Anahanka:raha	15. a. Am I able to realise that the physical relations are transitory and not permanent?
	b. Am I able to detach myself from excessive feelings towards kin and kith?
Janma mrithyu jara: vyadhi dukkha doshanudarsanam	16. I Am not hooked up too much to my body which is prone to changes (birth, growth, pains & panic, disease and death)?
Asakthi	17. Am I away from evil thought and deeds which hinder our spiritual pursuits?
Putrada:ra:gruha:dishu anabhiswanga	18. I Am not over longing for earthly relations such as spouse, children, property, business and power?
Ishta:nishto:pa paththishu nithyancha samachithvam	19. Am I stable and undisturbed while facing
	a. good or bad
	b. loss of favourable things
	c. approach of scary things
	d. approach of attractive things
e. relief from scary situations	
Mahi: cha ananya:yo:ge:na bhakthihi avyabhicharini	20. a. Am I able to develop unpolluted and unswerving faith in Lord Krishna as my eternal companion?
	b. I am not making any deal with God, for Lord Krishna knows everything about me and he always gives me what I deserve.
Vivikthade:sa se:vithvam	21. a. I am able to design my surroundings with divine scenery and inspiring pictures
	b. Am I able to maintain the company of great people who inspire divine thoughts on Lord Krishna in me?
	c. Am I able to establish at least a few moments of communion with Lord Krishna?
22. Am I able to avoid the company of people with bad habits and addictions which distract me from Lord Krishna?	
Arathihi jana:samsadhi	23. Am I able to avoid company of mean people or people who distract me from the divine path?
Adhya:thma:gja:na nithyathvam	24. Am I able to persuade myself consciously to concentrate on the soul and its nature to subserve Lord Krishna?
Thaththva:gja:na:rttha chinthanam	25. Am I able to realise the true knowledge of the three universal realities : the nature, the soul and Supreme Soul?

Jai Srimannarayana !

Parama:thma is present in every atom of this universe. His holy body illuminates this universe. The world has been divided into four parts. These parts are living beings/de:vathas/trees, mountains & other natural resources. Even in you, this Universal Body is present. As you regard your body so does God love this Universal Body.

As your body organs work for each other, you also who form part of this body should work for the well being of the other parts. This will make the Universal Body of the Lord happy. Service to all living beings should be part of Madhava seva, or service to God. As you do not regard or disgrace your body, so also do not disregard people around you or in society. If you see bad in others, feel sorry for them. As your body is truth, likewise even the smallest part in this universe is truth. If you can realise the beauty of nature, only then, you can perceive the beauty of the parama:thma and the Universal Body. If you relish the beauty bestowed by nature, divine love will blossom. This divine love will bring forth happiness and will overflow. It will replenish itself as you distribute this divine happiness. Knowing this is knowledge.

This is the essence of the Ve:das. Saint Ramanuja brought out this truth from the Vedas. Belonging to the same lineage, our Jeeyar Swamiji brings us this message. As part of service to god through service to all living beings, Jeeyar Swamiji, with his holy blessings, has established Vikasatarangini. To achieve its objectives *Vikasatarangini* has enunciated six norms. These are-

1. **Promoting Righteous Living based on Philosophic Foundations.**
2. **Development of individual personality through appropriate means.**
3. **Spreading of the message of unity among different sections of society and religions.**
4. **Extending service to the Poor and Needy.**
5. **Protecting Plants and Animals.**
6. **Environmental Protection, Pollution Control.**

Our motto should be "*Svi:ya a:ra:dhana – Sarva a:darana*" which means worship one - respect all. All aspects described here form a part of the Bhagavat Geeta 13th chapter, slokas 7 to 11, as told by Lord Krishna.

ama:nithvam adambhithvam
ahimsa: ksha:nthira:rjavam |
a:cha:ryo:pa:sanam sowcham
stthairya ma:thma vinigrahaha || 13-7

indriya:rtthe:shu vaira:gyam
anahamka:ra e:va cha |
janma mruthyu jara: vya:dhi-
dukhado:sha:nu darsanam || 13-8

askthi ranabhishvagaha
puthrada:ra gruha:dishu |
nithyam cha sama chiththathvam
ishtha:nishto:pa paththishu || 13-9

mayi cha:nanya yo:ge:na
bhakthi ravyabhi cha:rini: |
viviktha de:sa se:vithvam
arathir janasamsadi || 13-10

adhya:thma jna:na nithya thvam
thaththva jna:na:rttha chinthanam |
e:thath jna:na mithi pro:ktham
ajna:nam yadatho:nyattha: || 13-11



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